



Republic of the Philippines

**PHILIPPINE HEALTH INSURANCE CORPORATION**

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PhilHealthOfficial teamphilhealth

## Minimum Requirements for Accreditation of Outpatient Benefits Package for Mental Health – General Mental Health Services

### I. Health Facility License and Accreditation

The health facility shall have an updated PhilHealth accreditation

### II. List of Mandatory Services

- A. Clean consultation and examination area
- B. Designated room or area for consultation with minimal sound transmission
- C. Handwashing sink with water and soap available (liquid soap preferred) and with materials for drying hands (clean towels OR paper towels)
- D. Alcohol hand rub
- E. Adult Stethoscope
- F. Pediatric Stethoscope
- G. Pen Light
- H. Non-mercury sphygmomanometer with pediatric and adult cuff
- I. Non-mercury thermometer
- J. Medical weighing scale
- K. Emergency medicines and supplies kept in a secured area with the following:
  - 1. Epinephrine
  - 2. IV hydrocortisone
  - 3. Diphenhydramine
  - 4. Haloperidol (amp)
  - 5. Risperidone OR olanzapine
  - 6. Intravenous (IV) fluids
  - 7. 3cc or 5cc syringes
  - 8. Cotton balls
  - 9. Micropore tape
  - 10. IV line (adult and pediatric)
  - 11. IV cannula (gauges 22 and 26)
- L. O<sub>2</sub> tank/source with O<sub>2</sub> mask/cannula for pediatric and adult

### III. Medications<sup>1</sup>

- A. Carbamazepine 200 mg tablet
- B. Divalproex Sodium 500 mg tablet
- C. Biperiden HCl 2 mg tablet
- D. Chlorpromazine 200 mg tablet
- E. Clozapine 100 mg tablet
- F. Olanzapine 10 mg tablet
- G. Risperidone 2 mg tablet
- H. Escitalopram 10 mg tablet

<sup>1</sup> Provided by DOH

- I. Setraline 50 mg tablet
- IV. Human Resources**
  - A. Primary Care Physician**
    1. Valid PRC license
    2. Valid PhilHealth accreditation
    3. Certification of Completion of Training on Mental Health Gap Action Programme (mhGAP)
  - B. Mental Health Nurse**
    1. Valid PRC License
    2. Certification of Completion of Training on Primary healthcare nurse trained on mhGAP, basic mental health and psychosocial support (training package of the mental health program and HEMB)
  - C. Mental Health Navigator**
    1. Administrative Staff
    2. With working knowledge on operation /process flow for Mental Health who will be in-charge of record keeping and accomplishment of PhilHealth documents/forms
- V. Laboratory<sup>2</sup>**
  - A. Complete Blood Count (CBC) w/ platelet
  - B. Urinalysis
  - C. Fasting Blood Glucose
  - D. Lipid Profile
  - E. Renal Function Test (Creatinine)
- VI. Radiology Diagnostic<sup>3</sup>**

Chest X-ray (PA or AP)
- VII. Psychotherapy**

Provisions for psychoeducation and psychosocial support
- VIII. Primary care screening tool based on mhGAP**
- IX. Available Forms/ Recordings**
  - A. Registry forms
  - B. Assessment form
  - C. Referral forms

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<sup>2</sup> may be outsourced

<sup>3</sup> may be outsourced